



City of Gaithersburg Press Release

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For Immediate Release

Openings Available for Start Smart™ Football Fall Session Begins October 30

Gaithersburg, MD – (October 21, 2019) Registration is still open for the fall session of Start Smart™ Football for 4 to 6 year olds. The session begins on Wednesday, October 30, 2019. Start Smart is an international program designed to introduce youth, along with their parents, to the world of sports.

Geared towards children ages 4 to 6 who have not participated in organized sports programs before, the Start Smart program allows youth to develop confidence by learning the individual skills of a sport and an understanding of what sports are all about. The program involves the parent along with their child so both learn to enjoy the thrill of catching, throwing and kicking a football together. The six-week fall session meets on Wednesdays from 5 to 5:50 p.m. starting October 30 in Gym #2 at the Activity Center at Bohrer Park.

Register online and view complete program details at www.gaithersburgmd.gov/recxpress, fax your registration to 301-948-8364, or visit the Activity Center at Bohrer Park, 506 South Frederick Avenue next to Gaithersburg High School. For more information visit www.gaithersburgmd.gov or call 301-258-6350. Subscribe to our sports newsletter [here](#).

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